SEC Form 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

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		Washington, D.C. 20549									OMB APPROVAL				
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).		STA	FILED								OMB Number: 3235-0287 Estimated average burden hours per response: 0.5				
				ction 30(h) of the In											
1. Name and Address of Reporting Person [*] AVRIL VICKI L				er Name and Ticker <u>IF INC</u> [GEF,	ymbol	(Checl	k all applicable)	,							
AVAL VICK	<u>.1 1/</u>							X			10% C				
(Last) (First) (Middle) 425 WINTER ROAD				of Earliest Transac 2005	ay/Year)		Officer (give t below)	title	Other below)	(specify)					
				4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable					
(Street) DELAWARE OH 43015										Line) X Form filed by One Reporting Person					
							Form filed by More than One Repo								
(City)	(State)	(Zip)					Person								
		Table I - No	n-Derivative S	ecurities Acq	uired,	Dis	posed of, c	or Ben	eficially	Owned					
Date		2. Transaction Date (Month/Day/Year)	Execution Date,		ction Instr.	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			5. Amount of Securities Beneficially Owned Followin Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)					

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned 0010

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Phantom Stock Units (Cash Only Rights)	\$56	01/03/2005		А		0.58		08/08/1988 ⁽¹⁾	08/08/1988 ⁽¹⁾	Class A Common Stock	0.58	\$56	203.77	D	

Explanation of Responses:

1. The units are to be settled in cash upon the reporting person's retirement from the board.

Vicki L. Avril by John K.

Dieker pursuant to a POA filed 01/04/2005

with the Commission.

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.